

# Aliso Niguel High School

28000 Wolverine Way  
Aliso Viejo, CA 92656  
www.alisoniguel.com



## ANHS Head Coaches E-Mail Directory

<u>NAME</u>	<u>SEASON</u>	<u>SPORT</u>	<u>TRYOUT REQUIRED</u>	<u>SUMMER CAMP AVAILABLE</u>	<u>EMAIL</u>	<u>WEB Address</u>
Mike	Middlebrook	YEAR	Athletic Director	N/A	TBA	mmiddlebrook@capousd.org www.alisoniguel.com
Jeff	Veeder	FALL	Football	No	TBA	jmveeder@capousd.org www.alisoniguelfootball.com
Wayne	Westling	FALL	Golf/Girls	Yes	TBA	wawestling@capousd.org www.anhsgolf.org
Wayne	Westling	FALL	Surfing	Yes	TBA	wawestling@capousd.org
Rich	Rhulen	FALL	Tennis/Girls	Yes	TBA	rdrehlen@capousd.org
Peter	Butler	FALL	Volleyball-G	Yes	TBA	<a href="mailto:pjbutler@capousd.org">pjbutler@capousd.org</a> www.alisovolleyball.com
Justin	Ferdinand	FALL	Waterpolo-B	Yes	TBA	jmferdinand@capousd.org
John	Walsh	FALL	X-CC/Boys	Yes	TBA	jjwalsh@capousd.org
Stacy	Middlebrook	FALL	X-CC/Girls	Yes	TBA	ssmiddlebrook@capousd.org
Craig	Hanson	SPRING	Baseball	Yes	TBA	cahanson@capousd.org www.anhsbaseball.com
Wayne	Westling	SPRING	Golf/Boys	Yes	TBA	wawestling@capousd.org www.anhsgolf.org
TBA	SPRING	Softball	Yes	TBA		
TBA	SPRING	Swimming-B	Yes	TBA		
Ryan	Cox	SPRING	Swimming-G	Yes	TBA	recox@capousd.org
Rich	Rhulen	SPRING	Tennis/Boys	Yes	TBA	rdrehlen@capousd.org
John	Walsh	SPRING	Track/Boys	Yes	TBA	jjwalsh@capousd.org
Stacy	Middlebrook	SPRING	Track/Girls	Yes	TBA	ssmiddlebrook@capousd.org
TBA	SPRING	Lacrosse - B	Yes	TBA		
Dave	Elkins	SPRING	Lacrosse - G	Yes	TBA	menacheland@hotmail.com
Doug	O'Brien	SPRING	Volleyball-B	Yes	TBA	djobrien@capousd.org
Keith	Barnett	WINTER	Basketball-B	Yes	TBA	kwbarnett@capousd.org www.anhsboysbasketball.com
Kurt	Westling	WINTER	Basketball-G	Yes	TBA	kjwestling@capousd.org
Randy	Dodge	WINTER	Soccer/Boys	Yes	TBA	cysadodge@aol.com www.alisosoccer.com
Randy	Dodge	WINTER	Soccer/Girls	Yes	TBA	cysadodge@aol.com www.alisosoccer.com
Eric	Lynch	WINTER	Waterpolo-G	Yes	TBA	eblynch@capousd.org
Mat	Orndorff	WINTER	Wrestling	No	TBA	mlorndorff@capousd.org www.wolverinewrestling.net

### Points To Remember:

- #1) 2009/2010 athletic schedules can be found at [www.highschoolsports.net](http://www.highschoolsports.net)
- #2) You must contact the head coach for summer camp information, tryout dates and official starting date.
- #3) Fall sports will begin before the start of the regular school year.
- #4) All students must have an athletic physicals clearance packet completed before the first tryout date.
- #5) Information will not be mailed home in advance.

